

the
community farm 
FEEL GOOD FOOD FEEL GOOD FARMING

Wild Steps Handbook



About The Community Farm

We are a not-for-profit social enterprise located in the Chew Valley just south of Bath and Bristol. Founded in 2011 as a community benefit society. We are a Nature Friendly organic farm that is owned and governed by our shareholder members. We grow and sell organic and locally sourced food.

Working with a network of organic producers and local farmers who share our ethics, we supply fresh, local and organic food via an organic box delivery service. Through our box delivery service we sell local and organic vegetables, fruit, meat, dairy products and groceries.

We provided hands-on experience of organic farming through: School visits, volunteering, away days from work, workshops, and events. We invite groups of volunteers from the community and some corporations to come and work on the field. We also work in partnership with third sector organisations, running courses or providing experience in horticulture for people who may have specific needs.

Coming to Wild Steps Courses and Wild Day sessions

What will I need to bring for the day?

We ask that you bring your own (gardening) gloves from home if you have any and if not, we can provide disposable gloves. Wear lots of warm, waterproof clothes as we will be outdoors a lot and indoors will be well ventilated and possibly cold at times. You will also need to bring lunch, you can use the gas stove in the roundhouse if you wish to warm any food you bring.

Other info:

- If you will struggle to afford the fuel costs to get to the farm let us know and we may be able to help you out.
- We may request you come with support if your needs are high. We may also suggest alternative services for you to attend which cater for greater needs.
- We meet at the Roundhouse at The Farm's main Denny Lane site. There's plenty of parking available inside The Farm entrance. Just follow the signs past the polytunnels to the Roundhouse area, once you've arrived.

Safe Space Promise, The Community Farm

The community Farm is a welcoming and inclusive place for people to spend time together.

We appreciate that everyone is different and has different needs, and we want to celebrate this and act together in ways that make people feel welcome, valued and safe.

Our values include: **Trust, Kindness and openness, integrity, inclusivity and fairness.**

Whether you are coming to the farm as a volunteer, employee or to attend one of our workshops or courses, we ask you to follow these ground-rules:

- Treat everyone equally and with respect, without prejudice to race, physical and mental health, age, ethnic origins, gender, ability, religion, sexuality or cultural background
- Be accepting of people's different views and value their perspectives, even if they are different from your own- as long as these views are not in conflict with the farms' values
- Use language and body language which is non-threatening
- Remember that people's personal circumstances are not always obvious, and be sensitive to people's different moods
- Communicate openly with people, ask for advice if you need it and be prepared to discuss and resolve any issues that arise
- Give everyone the opportunity to have a voice and express their opinion
- Be honest and truthful in your actions and endeavour to uphold our values at all times
- Help everyone get involved with activities and adapt ways of working with people to try and meet their particular needs
- Honour commitments you have made, and fulfil these to the best of your ability
- Be aware of health and safety risks and don't act in a way that endangers the health or safety of anyone

If you are concerned about health and safety issues or your own or someone else's welfare, please talk to your line- manager if you are staff, the volunteer coordinator if you are a volunteer, or the Farm's safeguarding officer, Hatty, who will follow The Farm's grievance procedure to resolve the matter.

Thank you from all of us at The Community Farm.

For any questions regarding Wild Steps, please contact Jason, the course facilitator, directly via email wildsteps@thecommunityfarm.co.uk